**PROCEDURES:** This event is open to everyone. Volkssports are noncompetitive events. Each participant, must register and sign an Amateur Athletic Waiver and Release of Liability (Parent or Guardian must sign for a minor) at the start point. A control (start) card will be issued upon registration that must be carried during the walk, validated at control points along the route, and turned in at the finish upon completion of the walk. Children under 12 must be accompanied by an adult.

**DISCLAIMER:** The sponsors are not liable for accidents, thefts, and/or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable, and memorable event. A waiver must be signed by those participating in any event. A parent or guardian must sign for children under 18.

**THE PLACERS PACERS:** If you enjoy walking or hiking for exercise or pleasure, being outdoors, sightseeing, history, seeing new places and meeting nice people, you will love volkswalking and the Placer Pacers Volkssport Club. The PPs are one of several active walking clubs in Northern California and takes special pride in providing quality events throughout the area. Historic and scenic sites/trails provide the backdrop for these noncompetitive sporting events.



The Placer Pacers invite you to Join us for a fun walk event in Rocklin, California to

> Sunset Whitney Park April 19, 2025



5k & 10k (3.1 or 6.2 miles)

Sanction Number: #129257-2025



For more information on AVA visit: www.ava.org

## START/FINISH TIMES: 9am to noon, finish by 3pm

SANCTION NUMBER: #129257-2025

**RATING:** Both routes are 1A.

**START LOCATION:** It is at the JOHNSON SPRINGVIEW PARK, 5480 Fifth St., Rocklin, California 95677. Near the Rocklin Community Center. The walk goes to Sunset Whitney Park.

DISTANCES/ TRAIL: 5k & 10k routes

These routes include a stroll through surrounding neighborhoods and then through the recently acquired city park that was previously the Sunset Whitney Country Club golf course before it closed. Many of the cart paths have been re-paved.

## AWARD: none

**REGISTRATION:** Credit and Guest fee is \$4.00. Refunds cannot be provided. No pre-registration for this event.

**SPECIAL PROGRAMS:** Walking the USA, A-Z (letter R), Par for the Course, & Placer County.

**MISCELLANEOUS:** Restrooms and water are available only at the Start/Finish. Dogs okay on leash with cleanup. Strollers--medium, Wheelchairs--hard.

**STIPULATIONS:** This event is sanctioned by the American Volkssport Association (AVA) a member of the International Federation of Popular Sports and counts

towards the acquisition of IVV Achievement Awards. With registration for this event, the participant accepts the guidelines of the AVA and agrees to observe the principles of good sportsmanship and safety. This walk event will take place regardless of the weather conditions.

## **ADDITIONAL INFORMATION POC:**

Warren Tellefson (530) 305-5479 wtellef@sbcglobal.net

**DIRECTIONS:** From Interstate 80 take the Rocklin Rd. off-ramp west. Continue through three roundabouts to the Tee intersection with 5th street. Turn left onto 5th for 1/2 mile and turn right into the first parking lot entrance. Look for signs for the Start/Finish. WALK STARTS IN JOHNSON SPRINGVIEW PARK AND YOU WALK TO SUNSET WHITNEY PARK.

For additional fun, check out our Year-Round Walking Events and Biking Tours: Auburn-Walk Lincoln- Walk & Tour Placerville- Walk Rancho Cordova-Walk & Tour Roseville-2 Walks & 1 Tour

Also, visit our website: www.placerpacers.org