

# The COMPASS

A Publication of the *California Volkssport Association*

*July*

*August*

*September*

**2024**

## 1 GREAT CONVENTION

by the numbers:

2 host clubs

3 days

5 walks

7 motions

21 awards

a sumptuous

Meet & Greet

a delicious

dinner

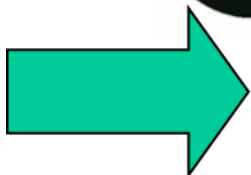
many delighted

walkers.

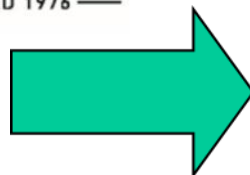
THANK YOU  
SCS & VVV!!!!



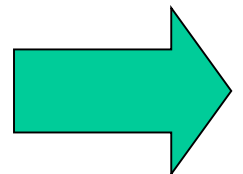
**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —



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**CONTENTS, AVA VISION, MISSION & OFFICERS**

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**AVA Executive Council**

**Chair of the Board, Nancy Wittenberg**, [chair@ava.org](mailto:chair@ava.org)  
 12626 - 129th Street E., Puyallup, WA 98374  
 Phone: 253-208-1331

**Vice-Chair, Carl Cordes**, [vice\\_chair@ava.org](mailto:vice_chair@ava.org)  
 2250 Knoll Crest Ave., North Las Vegas, NV 89032  
 Phone: 702-540-6632

**Secretary, Leslie Stone**, [secretary@ava.org](mailto:secretary@ava.org)  
 1103 Hansberry Court, Ormond Beach, FL 32174  
 Phone: 832-588-1417

**Finance Chair, Ed McCabe**, [finance\\_chair@ava.org](mailto:finance_chair@ava.org)  
 109 Horseshoe Drive, Dripping Springs, TX 78620  
 Email: [emccabe1234@gmail.com](mailto:emccabe1234@gmail.com)

**Pacific Regional Director, Becky Forsythe**, [pa\\_rd@ava.org](mailto:pa_rd@ava.org)  
 4407 West LaMadre Way, North Las Vegas, NV 89031  
 Phone: 360-281-8429, Email: [Rgforsythe@usa.net](mailto:Rgforsythe@usa.net)

**Pacific Deputy Regional Director, Suzi Glass**,  
[pa\\_drd@ava.org](mailto:pa_drd@ava.org)  
 5562 Vassar Drive, San Jose, CA 95118  
 Cell: 408-592-3935

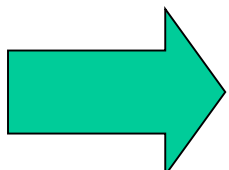
**National Headquarters Executive Director**  
**Henry Rosales**, [execdir@ava.org](mailto:execdir@ava.org)  
 National Office  
 1008 South Alamo Street  
 San Antonio, TX 78210  
 Phone: 210-659-2112



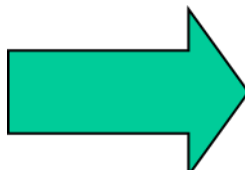
**AVA's Vision: Increasingly  
 engage Americans in lifelong  
 walking and other  
 noncompetitive physical fitness  
 activities.**

**AVA's Mission: Promote and organize  
 noncompetitive fitness activities  
 that encourage lifelong fun, fitness,  
 and friendship for all ages  
 and abilities.**

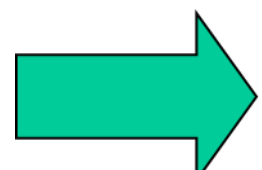
**COMPASS Article Deadlines**  
**August 10** for Oct., Nov. & Dec events  
**November 10** for Jan., Feb. & March events  
**February 10** for April, May & June events  
**May 10** for July, August & September  
 send to  
 Suzi Glass: [glass2walk@gmail.com](mailto:glass2walk@gmail.com)



**Renew**



**Subscribe see Page 11**







## **WELCOME New Walkers!**

### **We are.....**

We are an organization of walking clubs located throughout California. Our members are individuals and families (and even some dogs!) who love to explore this beautiful state - on foot! We have 11 walking clubs offering more than 200 trails in California through cities, parks, beaches, forests, mountains, historic sites, and charming town neighborhoods. Walks range from flat, paved trails that accommodate strollers and wheelchairs, to more challenging hikes up winding mountain trails. There's something for everyone.

California Volkssport Association (CVA) members are of all ages and capabilities and range from reformed "couch potatoes" and weekend warriors to avid hikers and former runners. We are friendly, non-competitive, family-oriented, and united in our love of the outdoors. In California, our focus is on walking and hiking, but we also participate in biking, cross-country skiing, swimming and even kayaking!

Volkssporting ("people sports") originated in Germany and was imported to the US more than 45 years ago by members of the US Military. CVA is part of the US national organization, the American Volkssport Association (AVA - America's Walking Club), which is part of the international organization, IVV. We are one big happy family of walkers located all over the world!

Walks are typically 5k (3.1 miles) or 10k (6.2 miles). Some walks, "Year-Round Events" are available anytime. You just go to the starting point, sign in, pick up a map and hit the trail. Others, "Traditional Events," are scheduled on a specific day. Traditional Events are great opportunities to meet other walkers from around the state. Annually, California walkers converge on a different part of the state for the CVA Convention – a weekend of unique walks and hikes, social events, making new friends, and catching up with old ones. In 2024, the Convention was held in Rohnert Park in late April.

Research shows that walking is one of the easiest and best ways to achieve good health – both physically and mentally. It's low cost, easily accessible, and requires minimal equipment (well-fitting shoes, a hat, water, and sunscreen are what we recommend). What are you waiting for?

Hope to see you on the trail!

*"Walking is man's best medicine." - Hippocrates*

### **How to get started.....**

This magazine lists the Traditional Events where people will be present to welcome and guide you.



1. Look through this magazine to find an event in your area.
2. Check with the event contact if you want additional information.
3. Be sure to bring along water, a hat, a snack, and sunscreen.
4. Arrive at the start table within the designated "start times" (in the event description).
5. Tell the start table volunteers that you are a new walker, and they will help you from there.
6. Ask questions, make new friends, enjoy the fresh air and scenery, and have fun!

### **Where to learn more.....**

The CVA website address is '[cva4u.org](http://cva4u.org)'. This provides more detailed information about our organization and the clubs in California. The national organization website is '[ava.org](http://ava.org)' which leads you to all the events and clubs within the nation.



## 2024 CVA CONTACTS: California Club & CVA Officers

<p><b>CCBB:</b> Central Coast Beach Boardwalkers Ty Fredriks 805.937.3800 847 Blake Street Santa Maria, CA 93455-4956 ty@beachboardwalkers.org</p>	<p><b>DTT:</b> Delta Tule Trekkers Cathy Pauley 915.479.1060 3315-1/2 Cherryland Ave. Stockton, CA 95215 president@deltatuletrekkers.org</p>	<p><b>LDR:</b> Low Desert Roadrunners Kathy Bundy 951.218.3755 P.O. Box 416 Wildomar, CA 92595 bunznkat7@gmail.com</p>
<p><b>PP:</b> Placer Pacers Bruce McDevitt 530.412.4452 371 Cuckoo Court Applegate, CA 95703 walknsail@gmail.com</p>	<p><b>SBS:</b> South Bay Striders Suzi Glass 408.592.3935 5562 Vassar Drive. San Jose, CA 95118 glass2walk@gmail.com</p>	<p><b>SCS:</b> Sonoma County Stompers Marilyn Nasi 707.539.8083 110 Valley Lakes Drive Santa Rosa, CA 95409 mbnasi91@comcast.net</p>
<p><b>SFBB:</b> San Francisco Bay Bandits Priscilla Fife 916.616.6003 2241 Pacific Ave., #B Alameda, CA 94501 sfbaybandits@aol.com</p>	<p><b>SWS:</b> Sacramento Walking Sticks Barbara Nuss 916.283.4650 P.O. Box 277303 Sacramento, CA 95827-7303 nussb@surewest.net</p>	<p><b>TTT:</b> Tahoe Trail Trekkers Betsy McDevitt 530.412.4453 371 Cuckoo Court Applegate, CA 95703 betsywalks@gmail.com</p>
	<p><b>VVV:</b> Vaca Valley Volks Tom Smith 707.628.9808 848 Stonegate Court Vacaville, CA 95687 smithkey78@gmail.com</p>	

### CVA OFFICERS

<p><b>President</b> Cathy Pauley 915.479.1060 3315-1/2 Cherryland Avenue Stockton, CA 95215 President@CVA4u.org</p>	<p><b>Secretary</b> Diane Gomes 209.815.6042 1264 Sprague Street Manteca, CA 95336 secretary@CVA4u.org</p>	<p><b>Treasurer</b> Steve Hughart 916.616.7150 P. O. Box 277303 Sacramento, CA 95827 hugharts@sbcglobal.net</p>
<p><b>Vice President, North</b> Paul Robb 916.430.6649 2202 Babson Drive Elk Grove, CA 95758 paul.robb65@gmail.com</p>		<p><b>Vice President, Central /South</b> Priscilla Fife 916.616.6003 2241 Pacific Avenue #B Alameda, CA 94501 VP-Central@CVA4u.org</p>
<p><b>The COMPASS Staff</b> <b>Editor</b> Suzi Glass 408.592.3935 5562 Vassar Drive San Jose, CA 95118 glass2walk@gmail.com</p>	<p><b>Business Editor</b> Jill Simmons 707.448.5148 304 Creekview Court Vacaville, CA 95688-5318 jillmail@sbcglobal.net</p>	<p><b>Mailing List, Donations &amp; COMPASS Subscriptions</b> Jean Lucas 530.848.5362 2423 Regis Drive, Davis, CA 95618-2543 jeanb@dcn.org</p>

### COMPASS SUBSCRIPTION DEADLINES

Subscribe by August 15th for the last issue in 2024  
 Subscribe by November 15th for all 4 issues in 2025  
 Subscribe by February 15th for 3 issues in 2025  
 Subscribe by May 15th for 2 issues in 2025

**Webmaster:**

Judy Gregory 916.539.0833  
 3356 Balada Way  
 Rancho Cordova, CA 95670  
 californiavolks2019@gmail.com

Message from the Prez, Cathy Pauley,

I want to open with “What a Great Convention!!!!” I am grateful to Marilyn Nasi and Tom Smith for hosting the convention in beautiful wine country.

The business meeting was jampacked with a lot of information from Carl Cordes, AVA Vice Chair, Becky Forsythe, AVA Pacific Regional Director and all the club presidents and delegates. I feel like we made progress on getting our Constitution, By-Laws and Policy Guide aligned with what we want to accomplish. Becky presented six Regional Commendable Awards and 13 Meritorious Service Awards to very deserving folks in the California Volkssport Association.



Carl shared that AVA members can check the Website and see if their health insurance falls under the Grouper benefit (formerly Element 3). If you qualify, Grouper may pay your local club dues and AVA dues. He also announced the 2025 IVV Olympiad will be in Tampere, Finland, August 14-17, 2025, and the 2025 AVA Biennial Convention will be in Las Cruces, N.M. April 28-May 2, 2025. Because of the Biennial Convention, we will likely hold the 2025 CVA Convention in June so folks can attend both events. DTT and SFBB will be hosting the 2025 CVA Convention in Livermore.

We also elected the 2024-2026 CVA Officers and I want to personally thank Priscilla Fife (VP South-Central), Paul Robb (VP North), Steve Hughart (Treasurer) and Diane Gomes (Secretary) for accepting their nominations and vote. I look forward to serving with each of them. I also want to give a big thank you to Maureen Carlson and Heidi Foster who both finished their 2nd term. I enjoyed working with both these past 2 years as President.

We now have the task ahead of us, getting our Year-Round walks re-sanctioned for 2025. I appreciate all your hard work. I want to emphasize that I would like each YR to have an elevator pitch and current Special Programs listed. Please refer to The COMPASS for trail rating guidance and Special Programs. Finally, if you have a YR that does not net the minimum number of walkers to pay for itself (about 30 per year), consider changing it to PPSF (Per Participant Sanction Fee). You will be billed just for the number of participants (including guests). Just beware, if you get a higher number of participants, you could be paying more than the normal fee.

Thank you again for all your hard work and active participation. Let’s take Becky’s challenge of adding 1 walk per month in our personal routine.

This quarter’s picture is at Sonoma State University on one of the convention walks.  
Your Prez,

Cathy Pauley

# GENERAL INFORMATION

All activities of the American Volkssport Association shall be carried on so as to be responsive to the needs of all persons, without regard to race, religion, sex, age, national or cultural origin, place of residence, economic circumstance, lifestyle or social status. Events are open to everyone.

**IVV/AVA SANCTIONS:** All events in The COMPASS are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

**IVV RECORD BOOKS:** IVV issues special awards for participants who complete specified milestones (10, 30, 50, etc. events and/or 500, 1000, 1500 km, etc.). Those who wish to receive awards for completing these milestones record them in official IVV record books which are submitted to AVA when each milestone is reached. These official IVV books may be purchased at the Start/Finish for \$6.00 each. New Walker Packets containing both an Event and Distance book plus coupons for free walks and information about volkssporting are also available for \$10.00.

**REGISTRATION AND FEES:** All participants must register for each event. All participants will pay no more than \$4.00. An event may also have a special award available for an additional fee to those who have completed the course. **Awards will not be sold outright.**

If there are not enough awards available on the day of the event, the sponsoring club may choose to reorder additional awards to be mailed to those who paid the appropriate fee. **Pay close attention to the event advertisement.** Sponsors may advertise that only a specified number of awards will be available and that **no** reorders will be made.

Where pre-registration is offered, participants are encouraged to pre-register as instructed in the event advertisement or flyer. **No refunds will be made to pre-registered persons who do not participate.**

**PROCEDURES:** At the event start, each participant will receive a start card which must be filled out with the person's name and address. **In addition to a start card, each participant must also sign a waiver.**

This card must be carried during the event and personally presented at the checkpoints along the route. All cards remain the property of the sponsoring club and **must be turned in at the completion of the event**, whether or not the participant receives IVV credit or an award.

**DISCLAIMER:** The American Volkssport Association and its officers, members, and agents shall not be liable or responsible for, and shall be saved and held harmless for and against, any and all claims and damages to or loss of property arising out of or attributed to the operation of events conducted by the AVA. **Participants must sign a disclaimer (waiver) for all events. A parent or guardian must sign for those under 12 years old.**

**STIPULATIONS:** With registration for these events, the participant accepts the guidelines of the AVA and agrees to observe the principles of good sportsmanship and safety. Every participant must adhere to the directions of the control personnel. Littering is not permitted. Check each event advertisement or flyer to determine if the route is suitable for baby strollers and wheelchairs and if pets are permitted. **All events will take place regardless of weather conditions.**

**REFRESHMENTS:** Water will be available at the Start/Finish and control points. Other refreshments are often provided either at the Start/Finish or at the control points. It is a good idea to carry water, especially in warmer weather.

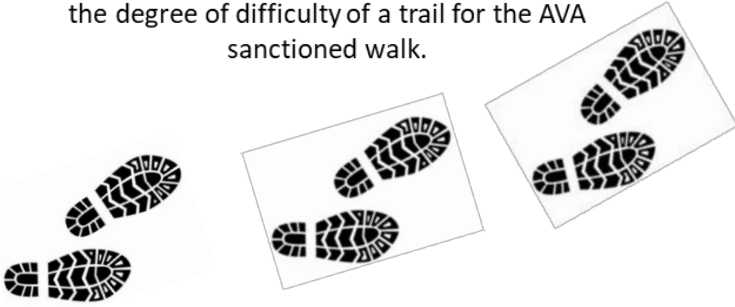
**YEAR ROUND/SEASONAL EVENTS:** Registration materials for Year Round/Seasonal events will include instructions for remitting the fee and the fee for the award, if one is available, to the sponsoring club. All participants, must register and sign the waiver form for each event. You may only have one **Event** credit per day. You may participate in an event without limit for **Distance** credit, but you must obtain a new start card (and pay the registration fee of no more than \$4.00) each time you participate except when completing the course twice in one day.



# Trail Ratings

## What do the trail route/ratings mean?

The following trail rating system is used to indicate the degree of difficulty of a trail for the AVA sanctioned walk.



invite you to walk Alum Rock Park  
**Hills & Hot Dogs**  
**Saturday, July 27**

Sanction: #126953-2024

Part 1 – INCLINE/ELEVATION	Part 2 - TERRAIN
1. Very small hills or very little stair climbing. Probably suitable for strollers and wheelchairs. Cumulative elevation gain from Starting Point: up to 200 feet.	A. Almost entirely on pavement.
2. Some moderate hills and stair climbing. Probably suitable for strollers. May not be suitable for wheelchairs. Cumulative elevation gain from Starting Point: 200 - 1000 feet.	B. A significant part of the route is on well-groomed trails with very few obstacles.
3. Some significant hill or stair climbing. Not suitable for strollers or wheelchairs. Cumulative elevation gain from Starting Point: 1000 - 2000 feet.	C. A significant part of the route is on somewhat difficult terrain (rocky/rooted paths or soft sand.)
4. Lots of significant hills or stair climbing. Cumulative elevation gain from Starting Point: 2000 - 3500 feet.	D. A significant part of the route is on very difficult terrain.
5. Many steep hills. Cumulative elevation gain from Starting Point: more than - 3500 feet.	E. The majority of the route is on very difficult terrain.

### Examples

- When determining elevation gain, if a route goes up for 50 feet and down for 50 feet and back up for another 75 feet, the cumulative gain would be 125 feet.
- A route that is mostly on flat pavement would be rated 1A.
- A beach walk would be rated 1C.
- A route with moderate hills on well groomed trails would be rated 2B.

**Precautions:** Please be aware that weather conditions will cause a variance in the trail rating. Inclement weather or an unexpected hot or cold day can increase the degree of difficulty of a trail, so each participant should adjust their pace accordingly. You alone know your own limits. It is advisable to carry water to all walking events.

**START LOCATION:** Pelking/Zegelin home  
 15680 Alum Rock Ave., San Jose, CA 95127  
**START: 8:30am to 12noon. FINISH: 3:30pm**  
**DISTANCES: 5, 7 & 10K TRAIL RATINGS: 2B–** Easy hills, mostly paved with some packed gravel & dirt.  
**FEE:** \$4.00 for credit & non-credit, 12 & younger & New Walkers FREE. Donations appreciated.

**MISCELLANEOUS:** Restrooms and water are available at the start and the Youth Science Institute on the 7k. Alas, pets are not allowed in the park, which is around 75% of the walk. Routes are hard for both strollers and wheelchairs.  
**SPECIAL PROGRAMS:** Co: SClar, Par, R-to-T, WwW (S)

**DESCRIPTION:** Come walk in San Jose's oldest park (established in 1872) to see why this was the spa destination of the rich in the early 1900's. Then a local railroad brought the masses. The gentle hills of beautiful Alum Rock Park overlook San Jose. The 3 loop choices are on paved and packed dirt trails. The 5k has the best views of Silicon Valley while the 7 and 10k portions add passing old sulphur springs and walking on portions of the old railway right of way.

**JOIN Us** for a FREE hot dog lunch at Chris & Holly's on the patio. Serving starts at 11:30 am  
**CONTACT: Chris or Holly at 408.529.9724**  
 Emails: [chris@zegelin.com](mailto:chris@zegelin.com) or Holly: [ilex56@yahoo.com](mailto:ilex56@yahoo.com)  
**DIRECTIONS:** From either south or north on 280, take the Alum Rock Ave. exit towards the hills (east). Cross White Rd and continue approximately 2 miles toward the hills. Pass the Mt. Hamilton exit, and go 300 yards further. We are on the right at the next intersection. Look for a low brick wall on the corner. Parking is street side starting at the Mt. Hamilton turnoff.

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\*\* REMINDER: 8/10 - Deadline for 4th Q 2024 COMPASS Articles \*\*

The Tahoe Trail  
Trekking present:  
**VOLKSWALK at  
Donner Memorial  
State Park/Cold-  
stream Valley  
August 10, 2024**



Sanction: #126945- 2024

**START/ FINISH TIME:** 9 am-1 pm--finish by 4pm.

**LOCATION:** Donner Memorial State Park, 12593  
Donner Pass Rd., Truckee, CA 96161

**RATING/DISTANCE(S):** 5k rated 2B & 10k rated 2C

**TRAIL:** Both the 10k and 5k routes take you along the shore of beautiful Donner Lake, out to China Cove and returning through the campground. 10k walkers will also walk up through Coldstream Valley.

**SPECIAL PROGRAMS:** USA & WwW

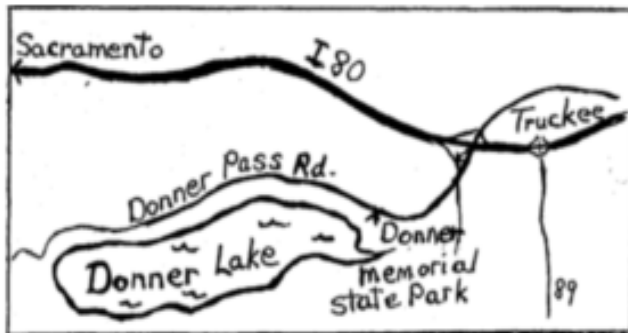
**FEES:** Credit and/or Guest \$4.00. Refunds cannot be provided. There is a \$10.00 park entrance fee, \$9.00 for seniors (62 years, +).

**MISCELLANEOUS:** Water & restrooms will be available near the start/finish and along the route. Neither route is suitable for wheelchairs and both are hard for strollers. It is advised that water be carried. Food and refreshments will not be available, so bring your own snacks or better yet, a picnic lunch! No dogs allowed.

**ADDITIONAL INFORMATION:** POC Betsy  
McDevitt [betsywalks@gmail.com](mailto:betsywalks@gmail.com) 530-412-4453  
TTT Website: [www.tahoetrailtrekkers.org](http://www.tahoetrailtrekkers.org)

**DIRECTIONS:**

1. From Hwy 80 Eastbound to Truckee, CA. Take exit #184 to Donner Pass Rd. Turn right onto Donner Pass Rd. (skip to #3).
2. From Hwy 80 Westbound take exit #184 and go left onto Donner Pass Rd.
3. Take Donner Pass Rd approx .3 mi. to the Park's entrance (follow the signs).



## SPECIAL EVENT PROGRAMS

Clubs often sponsor Special Event Programs to enhance your walking experiences. Finding that specialized music store or nearly forgotten Veteran's Memorial are discoveries that give new perspectives.

Program completers receive an award. The 17 Special Event Programs for 2024 include two new national ones, as well as *University Walkin'* for the Pacific Region states (AZ, CA, HI and NV) and the California program, *Walking with Woody*.

Note the abbreviations listed below in the Traditional Event descriptions here in *The COMPASS*. For Year Round and Seasonal Events, Special Programs are found in the *Starting Point 2024* book and on the AVA web page under the 'Events' tab.

2024 Special Programs		
Abbrev	Program Name	Ends
Air	Airports	2023
AT	Appalachian Trail	2028
BC	Border Crossings	2023
GL	Great Lakes - Great Fun, Great Fitness, Great Friendships	2023
Laby	A-MAZE-ing Labyrinths	2026
Light	Lighthouses II	2025
Par	Par for the Course	2025
R-to-T	Rails to Trails	2025
Step	Step to the Beat	2026
TH/CH	Town Hall/City Hall	2024
Univ	University Walkin' (Pacific Region)	2024
USA	Walk USA A-Z	no end
Vet	Walking with America's Veterans	2027
WLO	Walk Like an Olympian	2023
WwW	Walking with Woody (California)	2023
50St	50 States	no end
51 Cap	51 Capitals	no end

For programs with ending dates of 2023, you may still turn in competed books and receive awards in 2024.



**WEBSITES**

AVA: [www.AVA.org](http://www.AVA.org)  
*myAVA.org - personal account, OSB*  
CVA: [www.cva4u.org](http://www.cva4u.org)  
IVV: [ivv-web.org](http://ivv-web.org)

**California Club Websites**

**CCBB:** [www.beachboardwalkers.org](http://www.beachboardwalkers.org)

**DTT:** [www.DeltaTuleTrekks.org](http://www.DeltaTuleTrekks.org)

**LDR:**

[www.LowDesertRoadrunners.org](http://www.LowDesertRoadrunners.org)

**PP:** [www.PlacerPacers.org](http://www.PlacerPacers.org)

**SBS:** [www.SBStriders.org](http://www.SBStriders.org)

**SCS:**

[www.SonomaCountyStompers.org](http://www.SonomaCountyStompers.org)

**SFBB:** [www.facebook.com/SanFranciscoBayBandits](http://www.facebook.com/SanFranciscoBayBandits)

**SWS:**

[www.SacramentoWalkingSticks.org](http://www.SacramentoWalkingSticks.org)

**TTT:** [www.TahoeTrailTrekks.org](http://www.TahoeTrailTrekks.org)

**VVV:** [www.VacaVolks.org](http://www.VacaVolks.org)

**CVA Pin on Sale Now!!**



Get your new California Volkssporter Pin for only \$4.00. Contact Betsy McDevitt

to place your order. [betsywalks@gmail.com](mailto:betsywalks@gmail.com) or 530-412-4453

Betsy will have pins at up-coming walk events.



**\*\* DEADLINE: 8/15 - SUBSCRIBE for the last COMPASS issue in 2024 \*\***

**Walk Fort Funston, San Francisco**  
**Saturday, August 17**  
**Defense At the Edge of the Sea**



Sanction: #126943-2024

**SPONSOR:** San Francisco Bay Bandits  
**LOCATION:** Lake Merced Park Picnic Area, 1 Harding Road, San Francisco, CA 94132  
**START:** 9:00 am to Noon **FINISH:** 3:00 pm

**DESCRIPTION:** Start is Lake Merced and Harding Park, SF's premier golf course. The 11K route will take you into Fort Funston, a one-time military outpost, to enjoy views of the Pacific Ocean and watch hang-gliders play the ocean breezes.

**DISTANCE, TRAIL RATINGS:** 11K, 5K; Rated 1A, on city sidewalks and paved paths and inclines through Ft Funston. 11K is ok for wheelchairs or strollers, but with sand drifts on the path, it might be difficult. 5K route is sidewalks only and minimal inclines.

**SPECIAL PROGRAMS:** Par, Vets, WWV

**MISCELLANEOUS:** Free ample parking near the picnic area. Restrooms available at Start and Port-a-potties and water fountains in Fort Funston. Cypress Grill in Harding Park is the only restaurant along the route. Leashed dogs with clean-up are ok. Fort Funston is a popular spot for dog walkers - expect other dogs.

**FEES:** Credit and Non-Credit is \$4, Guests are \$2, first time walkers & children under 12 are free but must sign the start card/liability release.

**POINT OF CONTACT:** Lui Yakas, 415 385-4481; [SFBayBandits@aol.com](mailto:SFBayBandits@aol.com); More Information: [AVA.org](http://AVA.org) and [CVA4u.org](http://CVA4u.org).

**DIRECTIONS: From East Bay:** I-80 W to S.F. Merge to US-101S, Exit 431 to I-280 S - Daly City. Exit 50 - San Jose Ave. Bear **R** to Sagamore; right to Brotherhood Way. **R** onto Lake Merced Blvd. Stay **L** to left again at stop sign. **L** at 1st cross street onto Skyline Blvd. **L** onto Harding Rd. **From the South:** Take I-280 N, exit 49B for CA-1 N - 19th Ave/GG Bridge; CA-1 N/Junipero Serra Blvd.; exit - Brotherhood Way. Follow directions above. **From the North:** Take US-101S; exit 438, CA-1S - 19th Ave/GG Park. Continue onto CA-1/Veterans Blvd. Turn **R** to Sloat Blvd. Slight **L** onto Skyline Blvd. Turn **L** onto Harding Rd.

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# Let's Walk Labyrinths! Saturday, September 28

One Artistic Labyrinth & Two More Close By!  
**Orcutt Children's Art Foundation (OCAF) CHALK FEST**

Sanction: #125811-2024

**Start Location:** OASIS Senior Center, 420 Soares Ave, Orcutt CA 93455

**Start** 8:00 a.m. - noon **Finish** by 3:00 p.m.

**Trail Ratings:** 1A **Distances:** 5k, 10k

**Special Programs:** Clock, Laby, Par, Step, Vet, WwW.

Come to the Central Coast for some entries in your Labyrinths Book! Witness a full-size labyrinth being created by students from Orcutt Academy High School right in front of your eyes! This fleeting artwork has been approved by the program Point of Contact, and is part of an exciting day of art, music, food, and booths.

**Miscellaneous:** These paved routes are okay for strollers and wheelchairs; dogs are allowed with leash and cleanup. Restrooms and water are at the chalk festival.

**Description:** Both routes take you along the cute downtown corridor of Orcutt, with painted cows, sidewalk cafes, a clock tower, and several beautiful murals. Get your steps in early, and have a relaxing time watching the street artists finish their beautiful works of art. Other YREs with labyrinths: Isla Vista/UCSB (5/10k) and Santa Maria (5/10k)

**Fees:** Credit is \$4.00 per event or you may walk at the Guest Rate of \$2.00 if no credit is desired.

**For more info,** call POC Ty Fredriks 805.714.1552.

**Directions:** OASIS Senior Center, 420 Soares Ave, Orcutt CA 93455. Highway 101: Take exit 164 Clark Ave. Head West (toward residential area) for 2.6 miles to Dyer St (3rd left past underpass). Left for 3 blocks to Soares. Right on Soares to second driveway: OASIS Senior Center on left. Additional parking at school across Dyer St.  
Google Search: OASIS Senior Center Orcutt



**LOOK WHO'S WALKING**  
 California walkers' Event milestones, according to the April, 2024 issue of *The American Wanderer*, are listed below. Please acknowledge their achievement. Names followed by "\*" attained more than one award.

Name	Total Events
Evelyn Chun	50 Events
Amul Purohit	125 Events
Parul Purohit *	200 Events
Theresa Peppers	250 Events
Christine Williams	350 Events
Heidi Foster	850 Events
Jean Vik	3,500 Events
Bob Gebo	3,600 Events
Myrna Jackson	4,500 Events



**LOOK WHO'S WALKING**  
 As noted in the April, 2024 pages of *The American Wanderer*, Distance Awards below were reached by California walkers. Be sure to congratulate them on the trail!

Name	Total KM's
Evelyn Chun	500 KM's
Marcia Paulson	500 KM's
Amul Purohit	1,000 KM's
Christine Williams	3,500 KM's
Heidi Foster	7,000 KM's



**2024 Year Round & Seasonal Event Changes  
since Q2 Issue**

Call POC or Check AVA website ([my.ava.org/events](http://my.ava.org/events) tab) for latest information and more details. OSB = Online Start Box. Entries with OSB are online only. Go to [my.ava.org](http://my.ava.org) to get started.

**Alameda - Co: Ala - 2 walks: Bay Farm Is (Y0619) and Victorian (Y0620)** start: Bad Barista, 3215 Encinal Ave, Ste D, Alameda, CA 94501, POC: Priscilla Fife 916.616.6003, by SFBB

**Auburn - Co. Pla - walk Placer County Museums (Y0034)** start: Flour Garden Bakery, 340-C Elm Ave, Auburn, CA 95603, POC: Shirley Cassell 530.367.4277, by PP

**Carmichael - Co: Sac - walk Hidden Parks (Y2418)**, start: Food Maxx, 4708 Manzanita Ave, Carmichael, CA 95608, POC: Myrna Jackson 916.481.6714, by SWS

**Folsom - Co: Sac - Historic walk (Y0165)** start: Folsom Public Library, 411 Stafford St., Folsom, CA 95630, POC: Heidi Foster 916.792.1720, by SWS

**Roseville - Co: Pla - 2 walks - Maidu Park (Y0560) & Sculpture Park (Y0266)**, start: Starbucks, 2030 Douglas Blvd, Suite 12, Roseville, CA 95661, POC: Don & Marillyn Ratliff 916.645.8280, by PP

**Round Valley - Co: Alp - seasonal walk 06/01/24 - 10/31/24 walk Pacific Crest Trail (Y0983)**, start: OSB only POC: Suzi Glass 408.592.3935, by CVA

**San Clemente - Co: Orng - walk Beach & Pier (Y1060)** temporarily closed - trail washed away by storms, by LDR.

**San Jose - Co: SClar - walk Almaden Lake (Y2436)** start: Almaden Lake Village Rental Office, 1045 Coleman Rd, San Jose, CA 95123, POC: Suzi Glass 408.592.3935 by SBS Door requires code--call Suzi

**Ventura - Co: Ven - walk City & Beach (Y0860)**, start: OSB only, POC: Ty Fredriks 805.714.1552, by CCBB



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**FROM**  
**California Volkssport Association**  
**Suzi Glass, Editor**  
**3315-1/2 Cherryland Ave.**  
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### 2024 Third Quarter Events in California

No.	Date		Club	Location	Co
1	07/27	W	SBS	San Jose - Alum Rock Park Hills & Hot Dogs	SCLar
	08/10		All	COMPASS articles due for the Fourth Quarter	
2	08/10	W	TTT	Truckee - Donner Memorial State Park	Nev
	08/15		All	Subscribe to <i>The COMPASS</i>	
3	08/17	W	SFBB	San Francisco - Fort Funston	SF
4	09/28	W	CCBB	Orcutt - OCAF Chalk Fest	SB

